

Team Building in the PACU

Team Leaders: Jaclyn Everett BSN RN and Mary Grzybinski DNP RN CPAN
Team Members: Tom Wollenhaupt BSN RN CPAN; Janice Felix BSN RN CCRN; and Chrystal Maki BSN RN CPAN



Beth Israel Lahey Health

Beth Israel Deaconess

Medical Center

Background

In the perioperative environment, teamwork is essential.

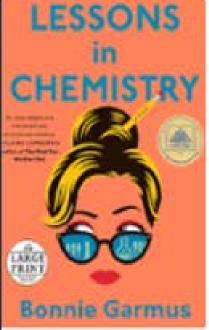
Strong working relationships encompassing trust and socioemotional support provides a cohesiveness for nurses to deliver safe quality care. During the COVID-19 pandemic, our team, like many others, was disrupted. We found that a number of seasoned staff disengaged from work, impacting the support we depend on. New staff were struggling to establish a connections with their peers.

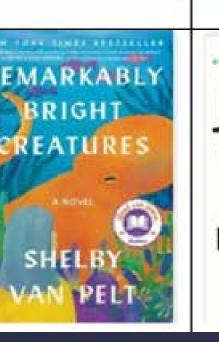
Objectives of Project

With a large turnover, would engaging staff in a fun, healthy activity to spark friendly competition and interaction promote unity between all shifts and team members?

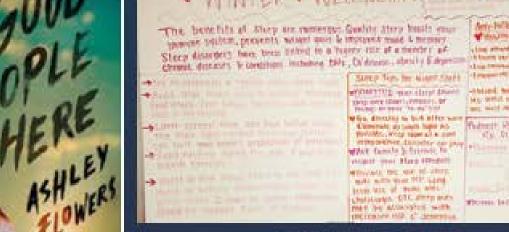




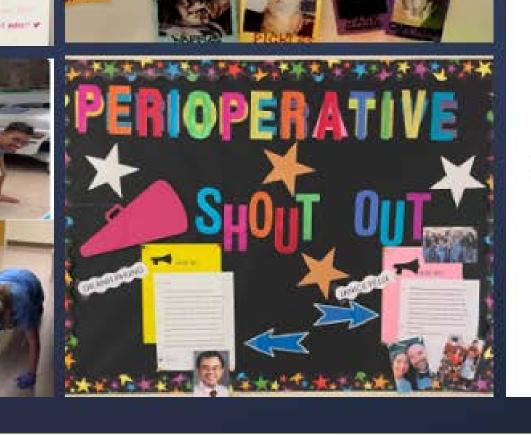


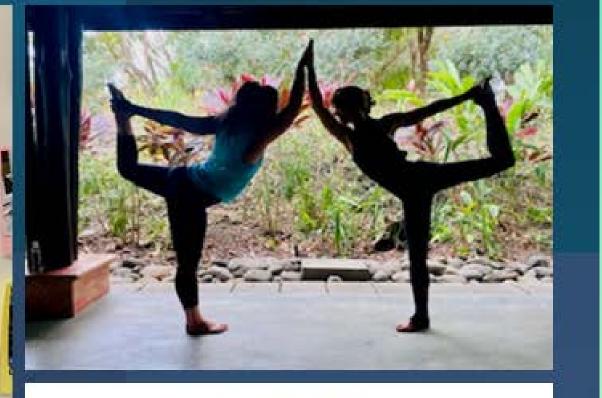














Seasonal Wellness Board

Virtual yoga Classes

Friendly Challenges: Walking, Pushups, Plank, Meditation

Book club with Discussion Brunches

Social Outings: Nurse Blake, Paint night, Holiday and Summer Parties

Adornments in Department to Highlight Seasonal Holidays

Secret Santa

PAW-SATIVE Pet Board, Holiday Picture Board, Shoutout Board

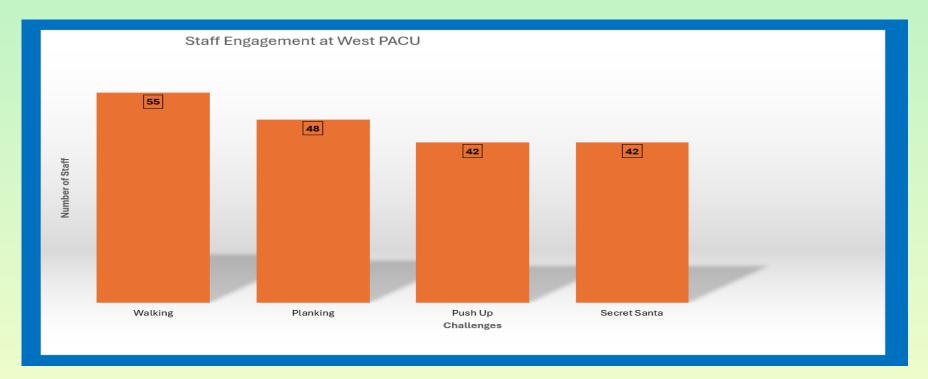
Daily themes for Nurses week

Implications for Advancing the Practice of Perianesthesia Nursing

Teams are essential in healthcare; they provide a sense of common purpose and a shared belief in working goals to provide excellent patient care. Promoting a healthy lifestyle both in and outside the workplace benefits the individual and in turn the team. Activities that enhance these relationships can be carried over to the everyday work environment.

Statement of Successful Practice:

The Perianesthesia team, supported by clinical leaders, engaged in successful team building both in the PACU and outside of the workplace.





How Social Events
Can Improve
Workplace Relations



Rituals at work: Teams
That Play Together
Stay Together



To Make a Team more effective, Find Their Commonalities



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